#### WHEELING TOWNSHIP

1616 North Arlington Heights Road Arlington Heights, IL 60004

### WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MEETING

### PAULA ULREICH MEETING ROOM WEDNESDAY, NOVEMBER 13, 2024 7:00 PM

- I. CALL TO ORDER
- II. ROLL CALL
- III. PLEDGE OF ALLEGIANCE
- IV. APPROVAL OF MINUTES OF THE REGULAR MEETING OCTOBER 23, 2024
- V. CITIZENS TO BE HEARD
- VI. BUSINESS
  - 1. Approval 2025 Meeting Dates
  - 2. Approval 2025-2026 Funding Recommendation
  - 3. Discussion One and Three Year Plan
- VII. BOARD MEMBER COMMENTS
- VIII. ADJOURNMENT

NEXT REGULAR BOARD MEETING-WEDNESDAY, JANUARY 8, 2025 - 7:00 PM

### WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

### **CALL TO ORDER**

The Community Mental Health Board Meeting of Wheeling Township, for October 23, 2024 was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois. President Susan Hayes called the meeting to order at 7:00 p.m.

### **ROLL CALL**

Secretary Bill Dixon called the roll and the following members were present, Bill Dixon, Jeanne Hamilton, John Lubbe, JoAnne Schultz, Jack Vrett & Susan Hayes.

Absent: Jim Ruffatto

Also, in attendance: Wheeling Township Attorney Kenneth Florey, and Wheeling Township Director of Finance and Administration Regina Stapleton.

### PLEDGE OF ALLEGIANCE

President Susan Hayes led those assembled in the Pledge of Allegiance.

### APPROVAL OF MINUTES

### MOTION #1: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP SPECIAL BOARD MEETING ON OCTOBER 9, 2024.

Motion by JoAnne Schultz, seconded by Jack Vrett, to approve the October 9, 2024 Wheeling Township Special Board Meeting minutes.

VOICE CALL VOTE: ALL AYES...

NAYS: None....Motion #1 Carried.

### MOTION #2: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MEETING ON OCTOBER 9, 2024

Motion by Jack Vrett, seconded by Jeanne Hamilton to approve the October 9, 2024 Wheeling Township Community Mental Health Board Meeting minutes.

VOICE CALL VOTE: ALL AYES...

NAYS: None....Motion #2 Carried.

### WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

### **AGENCY HEARINGS**

Ascension Health Behavioral Health-A representative from Ascension Center for Mental Health spoke on behalf of the agency. The requested funding is \$140,000. Ascension Center for Mental Health offers the following clinical programs: individual therapy, group therapy, family therapy, psychiatric evaluations, medication management, residential treatment programs, supported education, vocational services, and case management services. They have two residential programs in Wheeling Township. There is an internship program for master's level clinicians.

News/Questions and Answers-What percentage of psychiatric clients are doing visits by Tele Health? It is estimated to be 65-70%

Ascension Health-Substance Usage-The same representative spoke on behalf of the agency. The requested funding is \$66,000. The substance abuse program has the same programs as the behavioral program. The Center was granted a Level 1 SUPR license to treat primary substance abuse. They want to hire a dedicated substance abuse counselor.

News/Questions and Answers-What will you do with the grant from Wheeling Township if awarded? It will go towards staff salaries. How long will the job posting be for the position of a counselor? It depends on the timing.

Children's Advocacy Center -A representative spoke on behalf of the agency. The requested funding is \$6,000. Children's Advocacy is a child-focused trauma-informed Center bringing health, hope and healing to young survivors of abuse & violence. The Mental Health services provide trauma-informed therapy to children 6-17 years and their non-offending family members. Most are victims of physical & sexual violence and community violence. The Mental Health services are housed in Arlington Heights. All services are provided to clients in English and Spanish and are free of charge.

News/Questions and Answers-Are families on a wait list referred somewhere else? Yes. Who are these families referred to? Omni, Ascension, The Bridge, NW Casa & Josselyn Center.

### WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF OCTOBER 23, 2024

#### CITIZENS TO BE HEARD

Mike Murray was visiting from Bloomingdale Township. He stated that 3 Mental Health Boards have been created in DuPage County since 2022. He also said that Bloomingdale Township distributed flyers to every official with 708 Mental Health facts.

Philip Geyer, a resident of Arlington Heights, said that since the voters voted on the referendum, they have been kept in the dark with many tricks. He wants clarity on what the Board thinks and wants to know about the budget.

Lorrie Grainawi stated she was encouraged by the Board's discussion of things. She would like to see the Board keep the language barrier in mind. Also how to identify particular needs from the Needs Assessment

#### **BUSINESS**

Discussion-Funding Recommendations-The Board agreed that more funding is needed for substance abuse. There was much discussion about funding for Ascension. It was tentatively decided that funding Ascension Behavioral Health will be \$115,000, funding for Ascension Health Substance Abuse will be \$66,000 & Children's Advocacy will be \$8,000.

2025-2026 Funding-There was a discussion about Administrative costs. Some things discussed were hiring someone, retaining some sort of translation service, marketing & a ride-share voucher program.

#### **BOARD COMMENTS**

Bill Dixon commented that the Wheeling Township Community Mental Health Board should rely heavily on what Regina Stapleton thinks would help her with providing staff support for the Community Mental Health Board.

### **MOTION # 3 ADJOURNMENT**

Motion by Jeanne Hamilton, seconded by Jack Vrett.

VOICE CALL VOTE: All Ayes...
NAYES: None...Motion #3 carried

The meeting for Wednesday, October 23, 2024, was declared adjourned at 8:42 pm. The next scheduled Community Mental Health Board Meeting is set for Wednesday, November 13, 2024, at 7:00 pm.

1616 N. Arlington Heights Rd. Arlington Heights, IL 60004



Telephone 847 259 7730 Fax 847 259 1570

# Wheeling Township Mental Health Board 2025 Meetings

January 8, 2025

February 2025 – Funding Agency Site Visits

March 12, 2025

May 14, 2025

June 11, 2025

August 13, 2025

September 10, 2025

October 8, 2025

November 12, 2025

All meeting dates are Wednesday

## WHEELING TOWNSHIP MENTAL HEALTH Proposed 2025-2026 Funding Recommendation

	2025-26 BUDGET	
ADMINISTRATIVE		
1 SALARIES	\$100,000	1
2 FICA	7,500	2
3 IMRF	7,000	3
4 U/C	300	4
5 MEDICAL INSURANCE	10,000	5
6 WORKERS COMP	500	6
7 LEGAL	15,000	7
8 TRAVEL	1,750	8
9 TRAINING	3,000	9
10 DUES/SUBSCRIPTIONS	5,000	10
11 OFFICE SUPPLIES	500	11
12 EQUIPMENT	2,500	12
13 PROFESSIONAL SERVICES	10,000	13
14 MISCELLENOUS EXPENSE	1,000	14
15 CONTINGENCIES	2,000	15
16 TOTAL	\$166,050	16
MENTAL HEALTH/DISABILITIES		
17 ASCESION (AMITA HEALTH) Behavorial Health	\$115,000	17
18 ASCESION (AMITA HEALTH) Substance Usage	66,000	18
19 AVENUES TO INDEPENDENCE	35,000	19
20 CENTER FOR ENRICHED LIVING	15,000	20
21 CHILDREN'S ADVOCACY CENTER	7,000	21
22 CLEARBROOK CENTER	100,000	22
23 COUNTRYSIDE/LITTLE CITY	30,000	23
24 JOSSELYN CENTER	25,000	24
25 JOURNEYS   THE ROAD HOME	20,000	25
26 OMNI YOUTH - YOUTH SERVICES	93,000	26
27 OMNI YOUTH - ADULT SUBSTANCE USEAGE	40,000	27
28 OMNI YOUTH - ADULT MENTAL HEALTH	20,000	28
29 KENNETH YOUNG	20,000	29
30 SEARCH, INC.	7,500	30
31 OTHER PROJECTS	50,000	31
32 TOTAL	\$643,500	32
33 TOTAL APPROPRIATIONS/EXPENDITURES	\$809,550	33